

## TRAINING COURSES AVAILABLE

### Community Disaster Preparedness Workshop

**2, 4, or 6-hour sessions available at your location**

Empower yourself, your family, and your church or community group before disaster strikes. Learn how to identify local hazards, create a practical family emergency plan, build essential home supplies, provide basic first aid, and become an asset to your community when disaster hits.

**FREE OF CHARGE TO ELIGIBLE ORGANIZATIONS.**



### Disaster Relief Volunteer Training

**2-3 hours (online) | Friday evening - Saturday (in-person)**

Learn what it means to serve in disaster zones with CRR. This foundational course covers our vision, humanitarian frameworks, team dynamics, and more. The in-person option adds hands-on training in muck-and-gut work, roof tarping, and restoring kitchens and bathrooms to get survivors back in their homes—equipping you to make a real impact.

**ONLINE: \$25, SELF-PACED | IN-PERSON: \$39, INCLUDES LODGING & FOOD**



### Immediate Relief Team Training

**Thursday - Sunday**

Join the front lines of disaster response. This immersive, hands-on training is our flagship training and includes over **\$75 of free gear** to equip you during missions. Covering CRR's operational model, and trauma first aid, you'll apply your learning in a simulated deployment—building confidence, teamwork, and readiness to help lead an IRT.

**\$269, CENTRAL PENNSYLVANIA, MULTIPLE DATES ANNUALLY**



## INTERESTED? CONTACT US FOR MORE INFORMATION

(814) 246-5025

[crisisreliefandrecovery.org](http://crisisreliefandrecovery.org)

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 [@crisisreliefandrecovery](https://www.facebook.com/crisisreliefandrecovery)

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## DISASTER PREPAREDNESS WORKSHOP

Become a Beacon of Hope in Your Community


### About Us

Crisis Relief and Recovery trains and deploys everyday people to make a difference in difficult places. We were created out of a desire to serve people affected by disasters around the world.

Our leaders & trainers bring decades of experience from military & special operations, overseas missions work, entrepreneurship, and construction to the planning & development of holistic solutions for communities after natural disasters occur.

CONTACT US TO SCHEDULE A WORKSHOP AND FIND OUT HOW YOU CAN GET IT FOR FREE.

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### Your Training Includes



**The "Semper Paratus" Mindset**  
Latin for *Always Prepared*, we learn the ways to be mentally ready with relevant information on local hazards & threats.



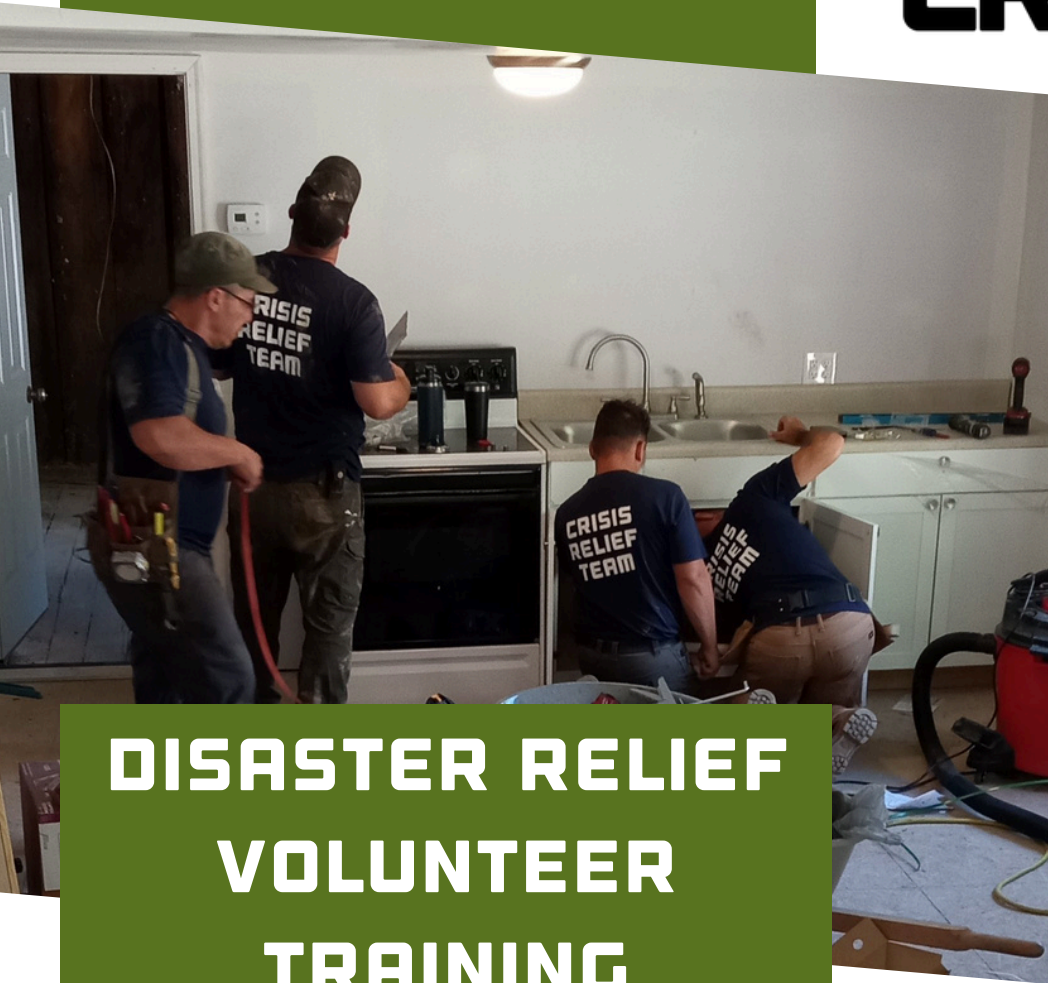
**Practical & Real World Skills**  
Hands-on learning will embed skills and help prepare your group to be a force for good when disaster strikes.



**Making an Action Plan**  
We provide the proven tools and techniques to keep yourself, your family, and your community safe.



**Connections and Next Steps**  
Learn ways to help around the corner, in the next town, or nationally with the help of Crisis Relief and Recovery.



## DISASTER RELIEF VOLUNTEER TRAINING

Get equipped and prepared to  
volunteer during disasters

### About Us

Crisis Relief and Recovery trains & deploys everyday people to make a difference in difficult places. We were created out of a desire to serve people affected by disasters around the world.

Our leaders & trainers bring decades of experience from the military, overseas missions work, business, and construction to developing practical solutions that help communities recover after disasters

### Training Details

Training runs Friday 7pm - Saturday 3pm, w/ breakfast & lunch provided on Saturday. Overnight accommodations will be on cots to replicate deployment conditions. Please bring a sleeping bag, toiletries, and be prepared for a basic but realistic training environment.

**2026 DATES:** 17-18 APRIL, 12-13 JUNE  
**COST:** \$39

### Training Topics



#### Bringing Order to Chaos

Learn how CRR integrates with local partners & governments to discover and meet the greatest needs.



#### Practical & Real World Skills

Hands-on learning will embed skills and help prepare you to join a CRR work team after natural disasters.



#### Helping Vulnerable Families

Understand how to help people mentally, emotionally, and spiritually through sessions on safeguarding and Psychological First Aid



#### Connections and Next Steps

Learn ways to help around the corner, in your region, or nationally as a volunteer for Crisis Relief & Recovery.

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## IMMEDIATE RELIEF TEAM TRAINING

This high-impact weekend is designed for those who want to be a force for good during natural disasters.

Whether you're preparing for relief missions or simply want to build confidence in high-stress environments, this training equips you with essential life-saving skills, sharpens your ability to lead under pressure, and prepares you for the front lines of disaster response.

**2026 DATES:** 14-17 May, 16-19 July

**WHERE:** Outside State College, PA

**HOW MUCH:** \$269 includes food, lodging, water filter, T-Shirt and more

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### Your Training Includes



**Trauma First Aid**



**Psychological First Aid (PFA)**



**CRR's disaster assessment and response systems**



**Chainsaw safety and field maintenance**



**Land navigation and fieldcraft essentials**



**Vehicle maintenance and troubleshooting**



**Deployment readiness and team dynamics**